

Holistic Yoga Retreat

Join us for 6 Days to Revitalize, Rejuvenate and Relax in Panama by the Pacific!

April 19th - 26th, 2024

Are you ready to disconnect with outer world and monotony of daily life? Sometimes you just need space to choose how you focus on your time, thoughts, and energy.

This retreat is an experience of fusing ancient wisdom of yoga and modern adventures for creating a life you want to bring in reality of your life. We all are living in a survival mode this retreat will assist you to access levels of creativity. Courage. Stillness. Silence. Movement to share within yourself.

The intention of the week is to bring harmony into your life by reflecting, exploring stillness, and connecting to the threads of your Heart and Mind.

PRICING:

Stay Location	Occupancy	Pricing [Per Person] [+GST & HST not incl]	Deposit	50% Payment	Final Payment
Beachfront Casita 1	Double	\$3,150 cad	\$650 cad	\$1575 cad	\$925 cad
Beachfront Casita 2	Double	\$3,150 cad	\$650 cad	\$1575 cad	\$925 cad
Junior Beachfront Casita	Double	\$2,960 cad	\$650 cad	\$1150 cad	\$1160 cad
Garden Casita 1	Double	\$2,632 cad	\$650 cad	\$991 cad	\$991 cad
Garden Casita 2	Double	\$2,632 cad	\$650 cad	\$991 cad	\$991 cad
Luxe Inn 1	Double	\$2,500 cad	\$650 cad	\$925 cad	\$925 cad
Luxe Inn 2	Double	\$2,500 cad	\$650 cad	\$925 cad	\$925 cad
Standard Inn 1	Double	\$2,451 cad	\$650 cad	\$1226 cad	\$575 cad
Standard Inn 2	Double	\$2,451 cad	\$650 cad	\$1226 cad	\$575 cad
Arbolita (Mini Treehouse)	Double	\$2,800 cad	\$650 cad	\$1075 cad	\$1075 cad
Treehouse	Double	\$2,800 cad	\$650 cad	\$1075 cad	\$1075 cad
Reduced Occupancy Options					
Luxe Inn Private	Single	\$2,950 cad	\$650 cad	\$1150 cad	\$1150 cad
Treehouse Private	Single	\$3,500 cad	\$650 cad	\$1425 cad	\$1425 cad
Standard Inn Private	Single	\$2,800 cad	\$650 cad	\$1075 cad	\$1075 cad

FIRST PAYMENT - \$650 deposit

Upon executing this retreat agreement with Holistic Bodyworx, A non-refundable deposit of \$650 is required to block the room for you at the resort.

SECOND PAYMENT

On November 15, 2023 (127 days ahead of the retreat) the client will be required to pay 50% of the total remaining payment that is needed to book the retreat (as outlined in the above price list).

THIRD & FINAL PAYMENT

Is required on January 13th, 2024 (90 days ahead of the retreat) which will pay 100% of all reservation that are booked for the retreat.

EARLY BIRD DISCOUNT

Feel free to ask any questions. If you want to pay in full, we will be offering \$75 discount as an Early Bird.

BOOKING CHANGES AND CANCELLATIONS

All participants acknowledge that there will be NO REFUNDS for cancellations less than 2 months prior to the start of the retreat. Holistic Bodyworx would suffer serious hardship for any substantial changes or cancellations of their booking.

If you would like to change your room accommodations, you can do so freely up to 50-days prior to arrival of the retreat.

If you cancel your booking for the retreat prior to 120 days, we have 2 options available.

- You can get 50% of the deposit back if the cancellation happens 90 days prior to the retreat.
- You can leave the deposit with us and apply it to our next retreat.

There are no refunds for unused services. For example if the group members leave early or are unable to come last minute there will be no refunds.

Risks and Responsibilities

Customers can purchase trip and health insurance to cover unforeseen events that could mitigate any losses that can occur on the retreat or travelling to Panama.

Please contact us with any questions that you may have about our Yoga retreat and we will be happy to assist you.

You can book your space via our website or by calling us at 905-277-1010

<https://holisticbodyworx.ca/retreat.html>

